

LENTEN SPRING

A Retreat for Orthodox Teens and University Students

SPONSORED BY THE EASTERN EPARCHY OF THE UKRAINIAN ORTHODOX CHURCH OF CANADA

Saturday, March 7th, 2015

St. Demetrius' Parish

3338 Lakeshore Blvd W

Etobicoke, ON

Schedule

1:45^{pm} Registration

2:00^{pm} Workshops

Hands on Faith:

Preparing Foods
for Holy Pascha

Got Questions?

Forgiveness, Confession &
Absolution in Today's World

"By Prayer and Fasting"

Reflections on Orthodox
Traditions of Abstinence

5:00^{pm} Vespers

5:30^{pm} Dinner & Social

Extra for this Retreat:

A Special Programme for
7-12 year olds:

- in the kitchen
- around the keyboard
- in the classroom

No Fee or Admission

**Reserve Your Spot by
Wednesday, March 4th**

To register or for info:

Natalie Olynyk Kowalenko

(416) 787-3010

natalie.olynyk@gmail.com

Fr. Bohdan Hladio

(905) 433-5588

bhladio@sympatico.ca

